

**Lancaster County Public Schools  
School Nutrition Program  
Lancaster Middle & High School Menu  
February 2010**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1) Lunch-Hot Dog, or Cheeseburger on a bun, Baked Beans, Peaches, & Milk	2) Lunch-Beef Vegetable soup, w/Cheese Toast, Spiced Apples, & Milk	3) Lunch-Steak-Um, or Deli Ham w/Cheese on a bun, Tater Tots, Applesauce, & Milk	4) Lunch- Oven Fried Chicken, Mashed Potatoes, Green Beans, hot Roll, & Milk	5) Lunch-Deli Turkey on Wheat, or Fish Nuggets, w/hot Roll, Side Salad, Pears, & Milk
8) Lunch- Pepperoni, or Ham & Cheese Hot Pocket, Tater Totes, Peaches, & Milk	9) Lunch-Chicken Tenders, w/hot Roll or Cheeseburger on a bun, Baked Potato, Applesauce, & Milk	10) Lunch- Homemade Pepperoni, or Cheese Pizza, Side Salad, Orange Slices, & Milk	11) Lunch-Taco, w/ Lettuce, Tomato, & Cheese cup, Jell-O w/Fruit, & Milk	12) Lunch-Chicken Nuggets w/ hot Roll, or Chicken Patty on a bun, Potato Wedges, Mixed Fruit, & Milk
15) Lunch-HOLIDAY NO SCHOOL	16) Lunch-Hot Dog on a bun, or Fish Nuggets, w/hot Roll, Macaroni & Cheese, Peas, & Milk	17) Lunch – Steak-Um w/ Cheese on a bun, or Corn Dog on a stick, Seasoned French Fries, Mixed Fruit, & Milk	18) Lunch-Salisbury Steak, w/hot Roll, or Mashed Potatoes, w/Gravy, Broccoli, & Milk	19) Lunch-Breakfast for Lunch, Pancakes, Eggs, Sausage, Pineapple Chunks, & Milk
22) Lunch-Rib-A-Que, or Meatball Sub, French Fries, Peas, & Milk	23) Lunch-Hot Dog on a bun, or Corn Dog Nuggets, Baked Beans, Peaches, & Milk	24) Lunch-Beef-A-Roni, w/ Garlic bread, Side Salad, Applesauce, & Milk	25) Lunch- Chicken Patty on a bun, or Chicken Nugget, w/hot Roll, Mashed Potatoes, Green Beans, & Milk	26) Lunch-MANAGER'S CHOICE
<b>LMS &amp; LHS PRICES: BREAKFAST-\$1.20 LUNCH-\$2.00</b>	<b>ADULT PRICES: BREAKFAST-\$2.00 LUNCH-\$3.00</b>	<b>A-LA-CARTE PRICES: MEATS-\$2.00 VEGETABLES-.65 MILK-.55</b>	<b>LMS-Offers daily for lunch, choice of; Chef Salad or Peanut Butter &amp; Jelly sandwich</b>	<b>LHS-Offers daily for lunch; Assorted Subs, Wraps, &amp; Salads</b>

\*\*\*DAILY FOR BREAKFAST AT LMS & LHS; MANAGER'S CHOICE OF: \*\*\*

SAUSAGE, EGG, CHICKEN, & HAM BISCUITS, POP TARTS, BREAKFAST PIZZA, BREAKFAST HOT POCKETS, DANISHES, SPICED DOUGHNUTS, YOGURT w/TOAST, CEREAL w/TOAST, FRESH FRUIT, & JUICE.

\*\*\*Condiments for breakfast: Syrup, & Jelly. \*\*\*

\*\*\*Condiments for lunch: Catsup, Mustard, Dressing for Salad, & Mayonnaise packs\*\*\*

\*\*\*NOTE\*\*\*

\*\*\*THE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE\*\*\*

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